



Annual Conference of Indian Association of  
Aesthetic Plastic Surgeons

# AESURG 2026



22nd - 26th January 2026  
The Westin Mumbai Powai Lake

Powered by



## SCIENTIFIC PROGRAM

**DAY 1 : THURSDAY 22<sup>nd</sup> JANUARY, 2026**

| TIME                       | TOPIC                                                   | SPEAKER                                                                                                 |
|----------------------------|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
|                            | <b>Convenors</b> : Dr Saumil Shah, Dr Priti Shenai      |                                                                                                         |
| 03:00 PM - 03:12 PM        | Pigmentary Disorders : Patho Physiology and Diagnosis   | Dr Bhavini Lodaya                                                                                       |
| 03:12 PM - 03:24 PM        | Facial Melanosis Assessment And Management              | Dr Manjiri Jagtap                                                                                       |
| 03:24 PM - 03:36 PM        | Periorbital Hyperpigmentation                           | Dr Jyotsana Deo                                                                                         |
| <b>03:36 PM - 03:56 PM</b> | <b>Panel Discussion on Periorbital Rejuvenation</b>     | <b>Panelist</b> : Dr Kuldeep Singh, Dr Ajay Hariani, Dr Bhavini Lodaya, Dr Jyotsana Deo                 |
| 03:56 PM - 04:08 PM        | Skin Care In Plastic Surgery Patients                   | Dr Malavika Kohli                                                                                       |
| 04:08 PM - 04:20 PM        | Acne ;causes, management Of Active Acne and Acne Scars  | Dr Ojas Kulkarni                                                                                        |
| <b>04:20 PM - 04:40 PM</b> | <b>Panel Discussion on Acne Management</b>              | <b>Panelist</b> : Dr Ojas Kulkarni Dr Sushil Sawant, Dr Ajay Hariani                                    |
| 04:40 PM - 04:52 PM        | Chemical Peels - A Versatile and Cost Effective Tool    | Dr Ameesha Mahajan Shah                                                                                 |
| 04:52 PM - 05:04 PM        | Advances in skin rejuvenation ; PDRN and skin booster   | Dr Priti Shenai                                                                                         |
| 05:04 PM - 05:16 PM        | Exosomes for Skin and Hair                              | Dr Viral Desai                                                                                          |
| 05:16 PM - 05:28 PM        | Toxins -Basic Science and Indications                   | Dr Narendra Kumar                                                                                       |
| 05:28 PM - 05:48 PM        | Neuromodulator; Complications,prevention and Management | Dr Kuldeep Singh                                                                                        |
| <b>05:48 PM - 06:08 PM</b> | <b>Panel Discussion on Toxins and Fillers</b>           | <b>Panelist</b> : Dr Kuldeep Singh, Dr Priti Shenai, Dr Neetu Rajdeo, Dr Ameesha Mahajan, Dr Ashit Shah |
| 06:08 PM - 06:20 PM        | Hirsutism Assessment and Management (Focus On Lhr)      | Dr Neetu Rajdeo                                                                                         |

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DAY 1 : THURSDAY 22<sup>nd</sup> JANUARY, 2026

| TIME                | TOPIC                                      | SPEAKER                                                           |
|---------------------|--------------------------------------------|-------------------------------------------------------------------|
| 06:20 PM - 06:40 PM | Panel Discussion on Lhr;optimising Care    | <b>Panelist</b> : Dr GK Shah,<br>Dr Neetu Rajdeo                  |
| 06:40 PM - 06:52 PM | IV Rejuvenation                            | Dr Geetanjali Shetty                                              |
| 06:52 PM - 07:04 PM | Nail- How To Nail The Nail Disorders       | Dr Tejal Patel                                                    |
| 07:04 PM - 07:16 PM | Importance Of Dermatoplastic Collaboration | Dr Ashit Shah                                                     |
| 40 mins             | Quiz                                       | Dr Sheeja Rajan                                                   |
| 40 mins             | Musical Housie                             | Dr Ajay Hariani                                                   |
| 20 mins             | Single Malt Appreciation                   | Dr Parag<br>Sahasrabudhe                                          |
| 08.00 PM            | Inauguration                               |                                                                   |
| 09:00 PM            | Tabla Rendition                            | Dr Pranjal Pandit                                                 |
| 09:30 PM            | Kathak Performance                         | Dr Juhi Agarwal<br>Dr Nidhi Kandoi<br>Guru Subhashree<br>Dasgupta |



## SCIENTIFIC PROGRAM

DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026

### MASTER CLASS

| TIME                | TOPIC                                                         | SPEAKER                     |
|---------------------|---------------------------------------------------------------|-----------------------------|
| 07.00 AM - 08.00 AM | Master Class - 1<br>Vertical scar mastopexy: 30yrs experience | Dr Moustapha Hamdi          |
| 07.00 AM - 08.00 AM | Master Class - 2<br>Nuances in Blepharoplasty                 | Dr Paraskevas Vakis Kontoes |
| 07.00 AM - 08.00 AM | Master Class - 3<br>TULUA Abdominoplasty                      | Dr Francisco Villegas       |
| 07.00 AM - 08.00 AM | Master Class - 4<br>Hair Transplant                           | Dr Manoj Khanna             |
| 07.00 AM - 08.00 AM | Master Class - 5<br>Adipogenesis                              | Dr Narendra Kumar           |



## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

| TIME                | TOPIC                                                                                | SPEAKER                        |
|---------------------|--------------------------------------------------------------------------------------|--------------------------------|
| 08:00 AM - 08:30 AM | Breakfast                                                                            |                                |
| 08:30 AM - 10:05 AM | 1st Plenary Session - Face                                                           |                                |
|                     | Chair : Dr Manoj Khanna, Dr Ashish Davalbhakta,<br>Dr Matt Yeo                       |                                |
| 08:30 AM - 08:45 AM | KEY NOTE ADDRESS - Deep plane face lift                                              | Dr Samir Ghoraba               |
| 08:45 AM - 09:05 AM | V SMAS Plication Technique<br>PROF MATHANGI RAMKRISHNAN ORATION                      | Dr Paraskevas Vakis<br>Kontoes |
| 09:05 AM - 09:20 AM | AM Lift                                                                              | Mr Ajay Mahajan                |
| 09:20 AM - 09:35 AM | Does the Deep plane make difference                                                  | Mrs Nora Nugent                |
| 09:35 AM - 09:50 AM | Simple and effective facelift in Indian patients                                     | Dr Sanjay Parashar             |
| 09:50 AM - 10:00 AM | Electric Deep plane facelift : a personal approach                                   | Dr Chiara Botti                |
| 10:00 AM - 10:15 AM | Esthetic Plastic Surgery- What Now and Next -<br>An auto biographical outsiders view | Dr Ravin Thatte                |
| 10:15 AM - 10:30 AM | Art in Plastic Surgery                                                               | Prof. Natalia Manturova        |
| 10:30 AM - 11:00 AM | TEA TIME                                                                             |                                |
| 11:00 AM - 01:30 PM | 2nd Plenary session - Face                                                           |                                |
|                     | Chair : Dr Milind Wagh, Dr Jayant k Dash,<br>Dr Preetish Bhavsar                     |                                |
| 11:00 AM - 11:15 AM | KEY NOTE ADDRESS - Achieving finesse in 4 lid<br>Blepharoplasty                      | Dr Aditya Aggarwal             |
| 11:15 AM - 11:35 AM | Tip trick Rhinoplasty<br>DR U S NAYAK ORATION                                        | Dr Fransisco Villegas          |
| 11:35 AM - 11:50 AM | Decalogue - for a successful Rhinoplasty                                             | Dr Venkatramana<br>Yamani      |
| 11:50 AM - 12:05 PM | Presto facelift                                                                      | Dr Wolfgang Funk               |
| 12:05 PM - 12:15 PM | Transconjunctival Blepharoplasty with<br>micrograft:current best practice            | Dr T M Lin                     |
| 12:15 PM - 12:30 PM | Beyond the obvious - innovations born from<br>challenges in structural Rhinoplasty   | Dr Kapil Agarwal               |

## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

| TIME                       | TOPIC                                                                                             | SPEAKER                |
|----------------------------|---------------------------------------------------------------------------------------------------|------------------------|
| 12:30 PM - 12:40 PM        | Facial fat grafting                                                                               | Dr Parag Sahasrabuddhe |
| 12:40 PM - 12:50 PM        | Deep plane face lift 76 cases in last two years                                                   | Dr Anand Shivrajan     |
| 12:50 PM - 01:00 PM        | Use of nostril shape as a guide for augmentation of nose                                          | Dr Ashish Davalbhakta  |
| 01:00 PM - 01:10 PM        | Structural or Preservation or Hybrid Rhinoplasty : How to Decide?                                 | Dr Sunil Gaba          |
| 01:10 PM - 01:20 PM        | Hump reduction -Nair hospital technique                                                           | Dr Uday Bhat           |
| 01:20 PM - 01:32 PM        | Pearls of preservation Rhinoplasty                                                                | Dr Tarush Gupta        |
| <b>01:32 PM - 02:15 PM</b> | <b>Lunch Masterclass : A) Implant malpositions<br/>B) Safe and effective lower blepharoplasty</b> | <b>Dr Chiara Botti</b> |
| <b>02:00 PM - 06:40 PM</b> | <b>Break away Session</b>                                                                         |                        |



## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL A

| TIME                       | TOPIC                                                                                                      | SPEAKER                                                                              |
|----------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Debate –Role of social media in practice</b><br><b>Chair : Dr Umang Kothari</b>                         | Dr Sandeep Sharma/<br>Dr Shilpi Bhadani/<br>Dr Mahesh Nair/<br>Dr Jayanthi Ravindran |
|                            | <b>Chair : Dr Sandeep Sharma, Dr Jayanthi Ravindran, Dr Shilpi Bhadani</b>                                 |                                                                                      |
| 02:50 PM - 03:00 PM        | Accessing of aging signs and symptoms and strategies for treatment                                         | Dr Paraskevas Vakis Kontoes                                                          |
| 03:00 PM - 03:10 PM        | Balancing periorbital rejuvenation                                                                         | Mrs Nora Nugent                                                                      |
| 03:10 PM - 03:20 PM        | Periorbital augmentation for correction of tired eyes                                                      | Dr Ashish Davalbhakta                                                                |
| 03:20 PM - 03:30 PM        | Three approaches to treat tear trough deformities and li's -cheek junction                                 | Dr TM Lin                                                                            |
| 03:30 PM - 03:40 PM        | Elaboration of a Combined Deep Plane and High SMAS method for Facial Rejuvenation Surgery                  | Dr Verbo Elena                                                                       |
| 03:40 PM - 03:50 PM        | Facial Anthropometric Analysis in Aesthetic Medicine: Toward a New Method for Assessing Visual Proportions | Dr Avdoshenko Ksenia                                                                 |
| 03:50 PM - 04:00 PM        | Augmentation Blepharoplasty                                                                                | Dr Biblash babu                                                                      |
| 04:00 PM - 04:10 PM        | Facial rejuvenation with multi-modal approach                                                              | Dr Mahesh Nair                                                                       |
| <b>04:10 PM - 04:25 PM</b> | <b>Tea Time</b>                                                                                            |                                                                                      |
|                            | <b>Chair : Dr Sanjay Parashar, Dr Karishma Kogadu, Dr Nitin Sethi</b>                                      |                                                                                      |
| 04:25 PM - 04:35 PM        | Large volume lipofilling of face                                                                           | Dr Karthik Ramasamy                                                                  |
| 04:35 PM - 04:45 PM        | Face lift SMAS plication my experience                                                                     | Dr Venkata Ramana                                                                    |
| 04:45 PM - 04:55 PM        | Asian Eyelid Blepharoplasty- refining techniques for better outcome                                        | Dr Sajal Halder                                                                      |
| 04:55 PM - 05:05 PM        | Laser assisted Blepharoplasty                                                                              | Dr Vermula Gurukarna                                                                 |

## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### **BREAKAWAY SESSIONS - HALL A**

| TIME                | TOPIC                                                                                                                         | SPEAKER                |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------|
| 05:05 PM - 05:15 PM | Sliding genioplasty                                                                                                           | Dr Sanjay Mahendru     |
| 05:15 PM - 05:25 PM | Cranial bone grafts in aesthetic surgery                                                                                      | Dr Abbas Mistry        |
| 05:25 PM - 05:35 PM | A Step by step approach to full face rejuvenation                                                                             | Dr Prashantha Kesari   |
| 05:35 PM - 05:45 PM | Evolving Aesthetic frontiers in body contouring :<br>A plastic surgeon's experience in Riyadh                                 | Dr Mohd Tafazul Sheikh |
| 05:45 PM - 05:55 PM | Modified Nasal Osteotomy using a punch                                                                                        | Dr Amit Peswani        |
| 05:55 PM - 06:05 PM | Use of Single Inverted T–Autologous Graft to Correct Nasomaxillary Hypoplasia and Provide Tip Projection in Binder's Syndrome | Dr Karan Shetty        |
| 06:05 PM - 06:11 PM | Exploring the Versatility of Transconjunctival Blepharoplasty- Sutureless                                                     | Dr Gautam Chaudhury    |
| 06:11 PM - 06:17 PM | Auricular Composite Grafts for Nasal Ala Reconstruction in Fitzpatrick III–V Noses                                            | Dr Vidhi Mehta         |



## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL B

| TIME                       | TOPIC                                                                                                                 | SPEAKER                                                                                        |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Panel Discussion: Deep plane facelift vs. SMAS facelift</b><br><b>Chair :</b> Dr Anand Sivadasan, Dr Ashish Magdum | Dr Milind Wagh/<br>Dr Parag Telang/<br>Dr Samir Ghoraba/<br>Dr Chiara Botti<br>Mr Ajay Mahajan |
|                            | <b>Chair :</b> Dr Nitin Mokal, Dr Uday Bhat, Dr Udit Dalmia                                                           |                                                                                                |
| 02:50 PM - 03:00 PM        | Osseous genioplasty                                                                                                   | Dr Sudhakar Prasad                                                                             |
| 03:00 PM - 03:10 PM        | Deviated Nose                                                                                                         | Dr Rahul Amble                                                                                 |
| 03:10 PM - 03:20 PM        | Hybrid Inverse approach for rhinoplasty                                                                               | Dr Venkatesh                                                                                   |
| 03:20 PM - 03:30 PM        | Septal extension graft                                                                                                | Dr Dhananjay Nakade                                                                            |
| 03:30 PM - 03:40 PM        | TBD                                                                                                                   | TBD                                                                                            |
| 03:40 PM - 03:50 PM        | Cartilage graft for rhinoplasty                                                                                       | Dr Rajendra Nehete                                                                             |
| 05:05 PM - 05:15 PM        | Caudal nasal reconstruction                                                                                           | Dr Derick Jose                                                                                 |
| 03:50 PM - 04:00 PM        | Role of PDS plate in rhinoplasty                                                                                      | Dr Sanjay Mahendru                                                                             |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                       |                                                                                                |
|                            | <b>Chair :</b> Dr Sudhakar Prasad, Dr Kapil Agarwal, Dr Prashantha Kesari                                             |                                                                                                |
| 04:15 PM - 04:25 PM        | Ultra diced cartilage                                                                                                 | Dr Vitthal Lahane                                                                              |
| 04:25 PM - 04:35 PM        | Cleft rhinoplasty                                                                                                     | Dr Raja Shanmuga Krishnan                                                                      |
| 04:35 PM - 04:45 PM        | Transcending boundaries in difficult aesthetic rhinoplasty                                                            | Dr Rajiv Agarwal                                                                               |
| 04:45 PM - 04:55 PM        | Steps for safer conventional rhinoplasty                                                                              | Dr Alexander Kutubidze                                                                         |
| 04:55 PM - 05:05 PM        | Primary Rhinoplasty of crooked nose                                                                                   | Dr Aganesov George                                                                             |
| 05:15 PM - 05:25 PM        | Evaluation of functional outcomes of secondary Rhinoseptoplasty                                                       | Dr Lipskiy Konstantin                                                                          |
| 05:25 PM - 05:35 PM        | Secondary Rhinoplasty. Features of aesthetic reconstruction                                                           | Dr Glushko Alexander                                                                           |

## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### **BREAKAWAY SESSIONS - HALL B**

| TIME                | TOPIC                                                                           | SPEAKER              |
|---------------------|---------------------------------------------------------------------------------|----------------------|
| 05:35 PM - 05:45 PM | Secondary Rhinoplasty                                                           | Dr Akshay K Raut     |
| 05:45 PM - 05:55 PM | TBD                                                                             | TBD                  |
| 05:55 PM - 06:05 PM | Suboptimal septorhinoplasty /complications and rectifications                   | Dr Mohan Jagde       |
| 06:05 PM - 06:15 PM | Challenges In Thick Skin Rhinoplasty: Strategies for Optimal Aesthetic Outcomes | Dr S.Mohammed Nishar |



## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL C

|                            | TOPIC                                                                                                                       | SPEAKER                                                                                       |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|                            | <b>Chair</b> : Dr James Roy Kanjoor, Dr Nitin Ghag, Dr Bibilash Babu                                                        |                                                                                               |
| 02:30 PM - 02:40 PM        | Subperimetric augmentation mammoplasty: long -term results                                                                  | Dr Marinicheva Irina                                                                          |
| 02:40 PM - 02:50 PM        | Revision surgery of ruptured breast implant                                                                                 | Dr Malygin Sergei                                                                             |
| 02:50 PM - 03:10 PM        | Philosophy of how we approach full Facial Feminisation in a single step                                                     | Dr Wolfgang Funk                                                                              |
| <b>03:10 PM - 03:30 PM</b> | <b>Panel Discussion : Chest masculinization</b><br><b>Chair</b> : Dr James Roy Kanjoor, Dr Nitin Ghag, Dr Bibilash Babu     | <b>Panelist</b> : Dr Nitin Ghag,<br>Dr Arjun Asokan<br><b>Moderator</b> :<br>Dr Umang Kothari |
| 03:30 PM - 03:45 PM        | Care , cover and legal support for GA surgeon                                                                               | Dr Sanjay Sharma                                                                              |
| 03:45 PM - 04:00 PM        | Spectrum of gender care surgeries                                                                                           | Dr Umang Kothari                                                                              |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                             |                                                                                               |
|                            | <b>Chair</b> : Dr Wolfgang Funk, Dr Umang Kothari, Dr Arjun Asokan                                                          |                                                                                               |
| 04:15 PM - 04:30 PM        | Facial Feminization in Gender reaffirmation                                                                                 | Dr Arjun Asokan                                                                               |
| 04:30 PM - 04:50 PM        | <b>Panel on MTF Vaginoplasty and FTM Phalloplasty</b><br><b>Chair</b> : Dr Wolfgang Funk, Dr Umang Kothari, Dr Arjun Asokan | <b>Panelist</b> : Dr Nitin Ghag and Dr Anand Joshi<br><b>Moderator</b> :<br>Dr Umang Kothari  |
| 04:50 PM - 05:00 PM        | Facial Feminization in gender reaffirmation                                                                                 | Dr Arjun Asokan                                                                               |
| 05:00 PM - 05:10 PM        | Transaxillary non endoscopic Breast Augmentation in gender identity disorder                                                | Dr Salil Patil                                                                                |
| 05:10 PM - 05:20 PM        | MTF top surgery salient features                                                                                            | Dr Anand Joshi                                                                                |



## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL C

| TIME                | TOPIC                                                                                                                             | SPEAKER           |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------|
| 05:20 PM - 05:30 PM | Male to female transition - what a beginner young surgeon should know                                                             | Dr Atul Sharma    |
|                     | <b>Chair</b> : Dr Mahesh Prabhu , Dr Kiran Naik, Dr Sandeep Jain                                                                  |                   |
| 05:30 PM - 05:40 PM | Gender geometry and novel technique to harmonise liposuction and lipofilling to construct abdominal aesthetics in trans men       | Dr Shivangi Saha  |
| 05:50 PM - 06:00 PM | A synergistic approach :Labial fat grafting combined with vaginoplasty for enhanced genital aesthetics and function               | Dr Prajwal Rao    |
| 06:00 PM - 06:10 PM | Masculinization of Breast in Transmen-Our Experience in A Tertiary care centre                                                    | Dr Rohit Munot    |
| 06:10 PM - 06:20 PM | Revolutionising intimate wellness: insight into radio frequency and electrical muscle stimulation for female genital rejuvenation | Dr Smriti Nathani |
| 06:20 PM - 06:30 PM | Single vascular pedicle laparoscopic sigmoid colonic vaginoplasty in male to female                                               | Dr Salil Patil    |
| 06:30 PM - 06:40 PM | Tips to improve results from female to male top surgery                                                                           | Dr Ashutosh Shah  |



## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL D

| TIME                       | TOPIC                                                          | SPEAKER                |
|----------------------------|----------------------------------------------------------------|------------------------|
|                            | <b>Chair</b> : Dr Sunil Arora, Dr V.S. Rathod, Dr Viral Desai  |                        |
| 02:30 PM - 02:40 PM        | Choosing the right candidate for hair Transplant               | Dr Manoj Khanna        |
| 02:40 PM - 02:48 PM        | Principles of Extraction                                       | Dr Aniketh Venkatraman |
| 02:48 PM - 02:56 PM        | Overview of Various Techniques of Implantation                 | Dr Dayanand L          |
| 02:56 PM - 03:04 PM        | Creating the perfect and natural Hairline                      | Dr Sunil Arora         |
| 03:04 PM - 03:12 PM        | Death after hair transplant                                    | Dr Anand Joshi         |
| 03:12 PM - 03:20 PM        | Female Hair Transplant, differences from male transplant       | Dr Sumit Agarwal       |
| 03:20 PM - 03:28 PM        | Giga sessions- 6000 plus grafts in one session                 | Dr Viral Desai         |
| 03:28 PM - 03:38 PM        | Complications of hair transplant- Prevention and Management    | Dr Umang Kothari       |
| 03:38 PM - 03:46 PM        | Donor area beyond the scalp                                    | Dr Suneet Soni         |
| 03:46 PM - 03:54 PM        | Beard, moustache, and Eyebrow restoration                      | Dr Sumit Agarwal       |
| 03:54 PM - 04:02 PM        | An overview of the importance of frontal hairline design       | Dr Charu Sharma        |
| <b>04:02 PM - 04:17 PM</b> | <b>Tea Time</b>                                                |                        |
|                            | <b>Chair</b> : Dr Dayanand L, Dr Anand Joshi, Dr Sumit Agarwal |                        |
| 04:17 PM - 04:25 PM        | Grade 7 alopecia- complete coverage                            | Dr Anup Sarda          |
| 04:25 PM - 04:33 PM        | Transplant in Scarring alopecia                                | Dr Jayant Dash         |
| 04:33 PM - 04:43 PM        | Overview of Regenerative medicine in hair fall                 | Dr Viral Desai         |
| 04:43 PM - 04:49 PM        | PRP- standards and protocols                                   | Dr Smriti Nathani      |
| 04:49 PM - 04:55 PM        | Clearing the air on Exosomes                                   | Dr V S Rathore         |

## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL D

| TIME                | TOPIC                                                                                                           | SPEAKER                                                                                                                                                                |
|---------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 04:55 PM - 05:20 PM | <b>Panel- Regenerative medicine the future</b><br><b>Chair :</b> Dr Dayanand, Dr Anand Joshi , Dr Sumit Agarwal | <b>Panellist :</b><br>Dr Ashutosh,<br>Dr Smriti Nathani,<br>Sumit Agarwal,<br>Dr V S Rathore,<br>Dr Viral Desai<br><b>Moderator :</b> Dr Medha Bhave                   |
| 05:20 PM - 05:26 PM | Thinking beyond Minoxidil- newer topicals                                                                       | Dr Aniketh Venkatraman                                                                                                                                                 |
|                     | <b>Chair :</b> Dr Abizer Kapadia, Dr Jyoshid Balan ,<br>Dr Kunal Sayani                                         |                                                                                                                                                                        |
| 05:26 PM - 05:32 PM | Permanent make up and SMP                                                                                       | Dr Ashutosh Shah                                                                                                                                                       |
| 05:32 PM - 05:38 PM | Long HAIR Transplant                                                                                            | Dr Sajal Halder                                                                                                                                                        |
| 05:38 PM - 05:44 PM | Robotic hair transplant- where are we today                                                                     | Dr Sanjay Parashar                                                                                                                                                     |
| 05:44 PM - 05:52 PM | Beyond the strip- mathematical basis of FUE superiority in advanced baldness                                    | Dr. Jayanthi Ravindran                                                                                                                                                 |
| 05:52 PM - 06:02 PM | <b>Q AND A</b>                                                                                                  |                                                                                                                                                                        |
| 06:02 PM - 06:22 PM | <b>Discussion and Debate on interesting answers</b>                                                             | <b>Moderator :</b><br>Dr. Viral Desai<br><br><b>Panellist :</b> Dr. Manoj Khanna, Dr Sajal Halder,<br>Dr. Jayanthi R,<br>Dr. Jayant Dash,<br>Dr. Umang K,<br>Dr. Anand |



## SCIENTIFIC PROGRAM

**DAY 2 : Friday 23<sup>rd</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL E

| TIME                | TOPIC                                                         | SPEAKER           |
|---------------------|---------------------------------------------------------------|-------------------|
| 07.00 AM - 08.00 AM | Master Class - Adipogenesis                                   | Dr Narendra Kumar |
| 01:15 PM - 01:25 PM | Use of Dermabond advance and Stratafix in aesthetic surgeries | Dr Saumil Shah    |
| 04:30 PM - 05:00 PM | Tea Break                                                     |                   |

### DR SHEILA ROHATGI WORKSHOP HALL

| TIME                | TOPIC                                                       | SPEAKER                                      |
|---------------------|-------------------------------------------------------------|----------------------------------------------|
| 12:00 PM - 01:00 PM | Precision that feels like magic! Mastering 1470nm Microlift | Dr Umang Kothari/<br>Dr Vikram Singh Rathore |
| 02:30 PM - 04:30 PM | Aptos Basic Training Workshop                               | Dr Ahmed Abdelaziz                           |
| 04:30 PM - 05:00 PM | Tea Break                                                   |                                              |
| 05:00 PM - 06:30 PM | Mint Threads Workshop                                       | Dr Shilpi Bhadani                            |



## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### MASTER CLASS

| TIME                | TOPIC                                                                              | SPEAKER             |
|---------------------|------------------------------------------------------------------------------------|---------------------|
| 07.00 AM - 08.00 AM | Master Class - 1<br>Mastopexy augmentation: demystify the myth                     | Dr Moustapha Hamdi  |
| 07.00 AM - 08.00 AM | Master Class - 2<br>New frontier in plastic and aesthetic surgery and fat grafting | Dr Amin Kalaaji     |
| 07.00 AM - 08.00 AM | Master Class - 3<br>AM Lift: Dawn to a new you                                     | Mr Ajay Mahajan     |
| 07.00 AM - 08.00 AM | Master Class - 4<br>Advances in Lipoabdominoplasty                                 | Dr Osvaldo Saldanha |
| 07.00 AM - 08.00 AM | Master Class - 5<br>Rib Excision for contouring                                    | Dr Raul Manzaneda   |



## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

| TIME                | TOPIC                                                                                          | SPEAKER                   |
|---------------------|------------------------------------------------------------------------------------------------|---------------------------|
| 08:00 AM - 08:30 AM | <b>Breakfast</b>                                                                               |                           |
| 08:30 AM - 09:50 AM | <b>1st Plenary Session - Breast</b>                                                            |                           |
|                     | <b>Chair :</b> Dr Anup Dhir, Dr Karthik Ramasamy, Dr Varun Dixit                               |                           |
| 08:30 AM - 08:45 AM | <b>KEY NOTE ADDRESS- New trends in breast surgery</b>                                          | <b>Dr Amin Kalaaji</b>    |
| 08:45 AM - 09:00 AM | Breast definition                                                                              | Dr Osvaldo Saldanha       |
| 09:00 AM - 09:20 AM | <b>Inner bra Mastopexy -different meshes, different results<br/>DR. S. P. ARUMUGAM ORATION</b> | Dr Moustapha Hamdi        |
| 09:20 AM - 09:35 AM | Breast Reduction - Where does the pedicle come from ?                                          | Dr Sanjay Parashar        |
| 09:35 AM - 09:50 AM | Subglandular breast augmentation ?                                                             | Dr Devinder Singh         |
| 09:50 AM - 10:00 AM | Breast reduction marking                                                                       | Mr Ajay Mahajan           |
| 10:00 AM - 10:15 AM | Managing pocket in secondary breast implant surgery —Goa Aesurg 22 Endowment Lecture           | Mrs Nora Nugent           |
| 10:15 AM - 10:30 AM | Breast lipofilling my experience                                                               | Dr Abeer Abdulshakoor     |
| 10:30 AM - 11:00 AM | <b>TEA TIME</b>                                                                                |                           |
|                     | <b>Chair :</b> Dr Medha Bhawe, Dr Rajat Gupta, Dr Saumya Nayak                                 |                           |
| 11:00 AM - 11:15 AM | <b>KEY NOTE ADDRESS - Brussels cocktail - a successful recipe for breast augmentation</b>      | <b>Dr Moustapha Hamdi</b> |
| 11:15 AM - 11:35 AM | <b>LADE - Lipoabdominoplasty with anatomical definition update<br/>DR. S. S. SETHI ORATION</b> | Dr Osvaldo Saldanha       |
| 11:35 AM - 11:50 AM | Rib moulding                                                                                   | Dr Raul Manzenada         |
| 11:50 AM - 12:05 PM | Tulua                                                                                          | Dr Francisco Villegas     |
| 12:05 PM - 12:20 PM | Planning chestplasty and backplasty in MWR                                                     | Dr Dean Gomes             |

## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

| TIME                       | TOPIC                                                                                     | SPEAKER           |
|----------------------------|-------------------------------------------------------------------------------------------|-------------------|
| 12:20 PM - 12:35 PM        | Male facial aesthetics                                                                    | Dr Lina Triana    |
| 12:35 PM - 12:55 PM        | Beyond skin removal advanced aesthetic restoration after MWL                              | Dr Rukmini Rednam |
| 12:55 PM - 01:10 PM        | Reverse abdominoplasty /upper body contouring                                             | Dr Melinda Haws   |
| 01:10 PM - 01:25 PM        | Sharp Abdominoplasty                                                                      | Dr Rajat Gupta    |
| <b>01:25 PM - 02:30 PM</b> | <b>Lunch Masterclass: Dr Samir Ghoraba : Finesse in endoscopic forehead and brow lift</b> | Dr Umang Kothari  |



## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL A

| TIME                       | TOPIC                                                                                | SPEAKER                 |
|----------------------------|--------------------------------------------------------------------------------------|-------------------------|
|                            | <b>Chair</b> : Dr Ravi Mahajan, Dr Rajesh Vasu, Dr Priya Bansal, Dr Sanjay Mahendru  |                         |
| 02:30 PM - 02:40 PM        | Breast reduction - surgical tailoring                                                | Dr Kapil Agarwal        |
| 02:40 PM - 02:50 PM        | Breast augmentation : basic rules                                                    | Dr Chiara Botti         |
| 02:50 PM - 03:00 PM        | Volume assessment as a key to precision in correcting Breast asymmetry               | Dr Ashish Davalbhakta   |
| 03:00 PM - 03:10 PM        | Redefining nipple position in breast reduction                                       | Dr Kovarthini Ravikumar |
|                            | <b>Chair</b> : Dr Ravi Mahajan, Dr Rajesh Vasu, Dr Priya Bansal, Dr Sanjay Mahendru  |                         |
| 03:10 PM - 03:20 PM        | Breast asymmetry planning and execution                                              | Dr Aditya Aggarwal      |
| 03:20 PM - 03:30 PM        | High definition chest contouring                                                     | Dr Sundeeep Raghavan    |
| 03:30 PM - 03:40 PM        | Management of asymmetric breast                                                      | Dr Sujata Sarabahi      |
| 03:40 PM - 03:50 PM        | Hall Findlay technique for breast reduction                                          | Dr Rajendra Nehete      |
| 03:50 PM - 04:00 PM        | Breast reduction preventing complications                                            | Dr Arjun Handa          |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                      |                         |
|                            | <b>Chair</b> : Dr Sujata Sarabahi, Dr Viraj Tambwekar, Dr Kovarthini, Dr Sanjay Giri |                         |
| 04:15 PM - 04:25 PM        | 26 years experience on achieving excellence and averting complications               | Dr Rajesh Vasu          |
| 04:25 PM - 04:35 PM        | Horia siclovan suspension augpexy                                                    | Dr Jayanthi Ravindran   |



## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL A

| TIME                | TOPIC                                                                | SPEAKER               |
|---------------------|----------------------------------------------------------------------|-----------------------|
| 04:35 PM - 04:45 PM | Wuringer septum based breast reduction                               | Dr Milan Doshi        |
| 04:45 PM - 04:55 PM | Augmentation Mastopexy                                               | Dr Varun Dixit        |
| 04:55 PM - 05:05 PM | Superomedial or inferior pedicle? The debate in breast reduction     | Dr Raman Sharma       |
| 05:05 PM - 05:15 PM | Art of Cosmetic consultation                                         | Dr Anup Dhir          |
| 05:15 PM - 05:25 PM | Dual plane augmentation                                              | Dr Akshay Raut        |
| 05:25 PM - 05:35 PM | My experience on Reduction Mammoplasty                               | Dr Laxmi Kanta Mishra |
| 05:35 PM - 05:45 PM | Is the Concept of Vertical Scar Reduction Possible for Every Breast? | Dr Karan Shetty       |
| 05:45 PM - 05:55 PM | Facial contouring with EBD                                           | Dr Jayant Dash        |
| 05:55 PM - 06:05 PM | Breast reduction Mckissock                                           | Dr Hemant Kumar       |



## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL B

| TIME                       | TOPIC                                                                                                                         | SPEAKER                                                                           |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| 02:00 PM - 02:30 PM        | <b>GC Aesthetics Launch</b><br><b>Chair : Mr Didier (APAC GC), Mr Jinang Dhami</b>                                            | Dr Carlos Corrales,<br>Dr Medha Bhawe,<br>Dr Lakshyajit Dhami                     |
| 02:30 PM - 02:50 PM        | <b>Debate — Breast implant illness – myth, misdiagnosis, or reality?</b><br><b>Chair : Dr Amiti Shah/ Dr Preetish Bhavsar</b> | Dr Saumya Khanna/<br>Dr Melinda Haws /<br>Dr Abdul Shakoor/<br>Dr Carlos Corrales |
|                            | <b>Chair : Dr Anjana Malhotra, Dr Seema Rekha Devi, Dr Satish H.V,</b>                                                        |                                                                                   |
| 02:50 PM - 03:00 PM        | How my breast surgery consults have changed for 2025                                                                          | Dr Melinda Haws                                                                   |
| 03:00 PM - 03:10 PM        | Breast implant - Mastopexy revision without mesh                                                                              | Dr Melinda Haws                                                                   |
| 03:10 PM - 03:20 PM        | A new breast measuring two ended ruler its assessment fix the safe procedure                                                  | Dr Alexander Kutubidze                                                            |
| 03:20 PM - 03:30 PM        | 12 years experience with GalaFlex scaffolds in aesthetic and revision breast surgery                                          | Dr Onelio Garcia Jr                                                               |
| 03:30 PM - 03:40 PM        | Breast lift Mastopexy with B-Lite implant and use of gala flex mesh or dermal sling                                           | Dr Abizer Kapadia                                                                 |
| 03:40 PM - 03:50 PM        | Master in Breast procedure innovation lift and reduction                                                                      | Dr Karthik Ramasamy                                                               |
| 03:50 PM - 04:00 PM        | Augmentation Mastopexy -how I do it                                                                                           | Dr Manoj Khanna                                                                   |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                               |                                                                                   |
|                            | <b>Chair : Mr Shailesh Vadodaria, Dr R.K.Mishra, Dr Devayani Barve</b>                                                        |                                                                                   |
| 04:15 PM - 04:25 PM        | Breast reconstruction and its impact on quality of life                                                                       | Dr Sanjay Giri                                                                    |
| 04:25 PM - 04:35 PM        | Secondary rhinoplasty: Pearls and pitfalls                                                                                    | Dr Raja Tiwari                                                                    |
| 04:35 PM - 04:45 PM        | Breast implant registry of Bharat                                                                                             | Dr Soumya Khanna                                                                  |

## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL B

| TIME                | TOPIC                                                                                                                                          | SPEAKER                |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| 04:45 PM - 04:55 PM | Redefining Gynaecomastia grading using anthropometric parameters and surgical algorithm                                                        | Dr Mohammad Nishar     |
| 04:55 PM - 05:05 PM | Nuanced outcomes following implant based breast augmentation in transgenders retrospective analysis on modified aesthetic satisfaction scoring | Dr Aparna Kanungo      |
| 05:05 PM - 05:15 PM | Application of various forms of costal cartilage in Augmentation Rhinoplasty                                                                   | Dr Snehjeet Wagh       |
| 05:15 PM - 05:25 PM | Ultimate guide to male chest contouring -a single centre experience from north India                                                           | Dr Mukta Verma         |
| 05:25 PM - 05:35 PM | Single-Incision Lipo-Excision Technique for Gynecomastia: Refining the Minimal-Scar Approach in Male Chest Contouring.                         | Dr Samik Sharma        |
| 05:35 PM - 05:45 PM | Gynaecomastia overview and recent advances                                                                                                     | Dr Satyabrata Mohanty  |
| 05:45 PM - 05:55 PM | Gynaecomastia surgery -technique and complication avoidance                                                                                    | Dr Suraj Singh Chauhan |
| 05:55 PM - 06:05 PM | Single incision periareolar lipo-excision for Gynaecomastia                                                                                    | Dr Soham Shah          |
| 06:05 PM - 06:15 PM | Gynaecomastia under local anaesthesia                                                                                                          | Dr Sohank Mewada       |
| 06:15 PM - 06:25 PM | Mock Superomedial Pedicle: A New Found Answer for Massive Gigantomastia                                                                        | Dr Sheerin Shah        |



## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL C

| TIME                       | TOPIC                                                                                                                                   | SPEAKER                                                                  |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Debate –Nanofat and stem cell–enriched fat grafting – science or hype?</b><br><b>Chair :</b> Dr Devayani Barve / Dr Mayur Shetty     | Dr Amin Kalaaji/<br>Dr Kuldeep Singh/<br>Dr Venkat Ramana /<br>Dr TM Lin |
|                            | <b>Chair :</b> Dr Dean Gomes, Dr Parag Sahasrabuddhe, Dr Sheeja Rajan                                                                   |                                                                          |
| 02:50 PM - 03:00 PM        | TBD                                                                                                                                     | TBD                                                                      |
| 03:00 PM - 03:10 PM        | Restoring symmetry through asymmetry: a structured approach to crooked nose correction using asymmetric osteotomies and spreader grafts | Dr Mayur Shetty                                                          |
| 03:10 PM - 03:20 PM        | Fat Grafting & PRP for facial contouring                                                                                                | Dr Sunil Gaba                                                            |
| 03:20 PM - 03:35 PM        | Melanocyte transfer -where science meets aesthetics                                                                                     | Dr Kavita Agarwal                                                        |
| 03:35 PM - 03:45 PM        | Publishing in aesthetic surgery journals                                                                                                | Dr Dinesh Kadam                                                          |
| 03:45 PM - 03:55 PM        | Art and science of marketing for plastic surgeon                                                                                        | Dr Mayuresh Deshpande                                                    |
| 03:55 PM - 04:05 PM        | Transcending boundaries in difficult aesthetic rhinoplasty                                                                              | Dr Rajiv Agarwal                                                         |
| <b>04:05 PM - 04:20 PM</b> | <b>Tea Time</b>                                                                                                                         |                                                                          |
|                            | <b>Chair :</b> Dr Rajiv Agarwal, Dr Nikunj Modi, Dr Ashish Magdum                                                                       |                                                                          |
| 04:20 PM - 04:30 PM        | Optimising Breast Implant Outcomes Using a No-Touch Technique with Implant Funnel                                                       | Dr. Itishree Gupta                                                       |
| 04:30 PM - 04:40 PM        | Evolving cardiometabolic care paradigms with semaglutide 2.4mg in people living with obesity                                            | Dr Rajiv Kovil                                                           |
| 04:40 PM - 04:50 PM        | Management of a crooked nose :does aetiology determine choice of surgical approaches and intraoperative challenges                      | Dr Nupur Agarwal                                                         |

## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL C

| TIME                | TOPIC                                                                                                                                                                  | SPEAKER                 |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| 04:50 PM - 05:00 PM | Regulating aesthetic practice : A country's experience and lessons learnt                                                                                              | Dr Shah Jummat          |
| 05:00 PM - 05:06 PM | Mock Superomedial Pedicle and NAC Graft: A Novel Technique to Produce Aesthetic Breasts in Gigantomastia Cases                                                         | Dr Shruti Chaturvedi    |
| 05:06 PM - 05:12 PM | A Pedicle-Based Approach to Natural Volume Enhancement in Autoaugmentation Mastopexy                                                                                   | Dr Tanvi Rao            |
| 05:12 PM - 05:18 PM | Columellar Lengthening in Primary and Secondary Rhinoplasty for Binder's Syndrome: A Fresh Perspective                                                                 | Dr Parth Deshmukh       |
| 05:18 PM - 05:24 PM | Breast Augmentation in Male-to-Female Transgender Patients: Our Institutional Approach                                                                                 | Dr. Khushboo Kadakia    |
| 05:24 PM - 05:30 PM | Oncoaffirming Surgery: A Case of Incidental Intraductal Papillary Carcinoma Identified During Gender-Affirming Chest Masculinization                                   | Dr Jiwon Jeong          |
| 05:30 PM - 05:36 PM | Changing Aesthetic Priorities Before and After Reduction Optimising results and safety in Gynecomastia surgery – an evolving journey . Patient and Surgeon Perspective | Dr Rithvik Khakhar      |
| 05:36 PM - 05:42 PM | Treatment options and camouflage techniques for a facial scar –a self experiment saga                                                                                  | Dr Risha Shetty         |
| 05:42 PM - 05:48 PM | Reading the subcutaneous clock; unmasking age-driven fat redistribution with MRI                                                                                       | Dr Likhita Singh        |
| 05:48 PM - 05:54 PM | Scar-Minimizing Approach in the Surgical Management of Multiple Lipomas: A Prospective Clinical Study".                                                                | Dr. Ateev Singh         |
| 05:54 PM - 06:00 PM | New Atraumatic Retractor in Rhinoplasty: Preserving Columellar Integrity and Enhancing Exposure                                                                        | Dr. Sushrut Raut        |
| 06:00 PM - 06:06 PM | Lipoma -liposuction is primary choice                                                                                                                                  | Dr Shashikant Maddu     |
| 06:06 PM - 06:12 PM | Illuminating Precision: Redefining Accuracy and Safety in Breast Reduction Using Intraoperative ICG Angiography                                                        | Dr. Serena K Bharathkar |

## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL D

| TIME                       | TOPIC                                                                                                                        | SPEAKER                                                                     |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Debate — Large-volume fat grafting — how safe is it in the long term?</b><br><b>Chair :</b> Dr Yogesh Jaiswal             | Mr Shailesh Vadodaria / Dr Lina Triana / Dr Rajat Gupta / Dr Rukmini Rednam |
|                            | <b>Chair :</b> Dr P. V. Sudhakar, Dr Dr Shivprasad Date, Dr Yogesh Jaiswal                                                   |                                                                             |
| 02:50 PM - 03:00 PM        | Hybrid Breast Augmentation simple steps for predictable results                                                              | Dr Demidchik Eugenia                                                        |
| 03:00 PM - 03:10 PM        | Retrospective analysis of Q switch nd yag laser for facial tattoos in Indian pt                                              | Dr Arvind Hoshamani                                                         |
| 03:10 PM - 03:20 PM        | PRP using Y cell tubes in plastic surgery                                                                                    | Dr Pushkar Deshpande                                                        |
| 03:20 PM - 03:30 PM        | CT-Based Quantification of Harvestable Nasal Septal Cartilage in the Indian Population                                       | Dr Prakhar Kesarwani                                                        |
| 03:30 PM - 03:40 PM        | Redefining predictability in nasal Aesthetics : balancing dynamicity with stability of the tip for long term results         | Dr Mayur Shetty                                                             |
| 03:40 PM - 03:50 PM        | Artificial intelligence in plastic surgery                                                                                   | Dr Anshumi Janak                                                            |
| 03:50 PM - 04:00 PM        | Training opportunities for plastic/aesthetic surgery in the USA                                                              | Dr Anshumi Janak                                                            |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                              |                                                                             |
|                            | <b>Chair :</b> Dr Mayur Shetty, Dr Anjali Saple, Dr Varsha Bundeale                                                          |                                                                             |
| 04:15 PM - 04:25 PM        | Institutional (government medical college ) experience of rhinoplasty in a government medical college -A single Center study | Dr Bandaru Kavitha Priyadarshini                                            |
| 04:25 PM - 04:35 PM        | Laser management of scars: clinical experience using Fractional Co2 , Er:YAG,PDL and Nd:yag lasers                           | Dr Arunesh Gupta                                                            |

## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL D

| TIME                | TOPIC                                                                                                                                  | SPEAKER                        |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 04:35 PM - 04:45 PM | Superomedial pedicle breast reduction : maximising upper pole fullness with minimal effort                                             | Dr Shamala Durairajanayagam    |
| 04:45 PM - 04:55 PM | New approach in cleft lip-palate secondary rhinoplasty                                                                                 | Dr Vishwadeep                  |
| 04:55 PM - 05:05 PM | Hlgh definition Vaser Liposuction for Arm contouring                                                                                   | Dr Ashish Khare                |
| 05:05 PM - 05:15 PM | Comprehensive Plastic Surgery Training: The Cornerstone of Safe and Ethical Aesthetic Practice                                         | Dr Sannia Salim                |
| 05:15 PM - 05:25 PM | The OCCULT Technique for Gynecomastia: A Multicentric Study Using Ultrasound and Power-Assisted Devices through lateral incision       | Dr Gautam Chaudhury            |
| 05:25 PM - 05:35 PM | Enhancing Gluteal Contour with Autologous Gluteal Flaps: A Natural Approach to Buttock Augmentation                                    | Dr Mahamood Aseef              |
| 05:35 PM - 05:45 PM | Assessing aesthetic surgery training in India - A survey by young plastic surgeon                                                      | Dr Ashita Kohli                |
| 05:51 PM - 05:57 PM | Long Hair FUE: Technological Innovation or Just a Myth?                                                                                | Dr Neeraj Bhaban               |
| 05:57 PM - 06:03 PM | Lip Augmentation Using Autologous Dermal Grafts: A Surgical approach to PERMANENT, NATURAL & SYMMETRICAL ENHANCEMENT                   | Dr Haritha Badam               |
| 06:03 PM - 06:09 PM | Fat grafting for harmonizing faces in complex asymmetry cases                                                                          | Dr Ashwini Topugonda           |
| 06:09 PM - 06:15 PM | Granulomatous Skin Reactions Following Tattooing and Cosmetic Micropigmentation: A Systematic Review of Clinical Patterns and Outcomes | Dr Yadavalli Ranga Dixit Rajan |

## SCIENTIFIC PROGRAM

**DAY 3 : Saturday 24<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL E

| TIME                | TOPIC                                             | SPEAKER             |
|---------------------|---------------------------------------------------|---------------------|
| 07.00 AM - 08.00 AM | <b>Master Class - Rib Excision for contouring</b> | Dr Raul Manzaneda   |
| 12.30 PM - 01.30 PM | Motiva Ergonomic KOL talk                         | Dr. Chiara Botti    |
| 02:30 PM - 03:30 PM | Silimed implant talk                              | Dr Osvaldo Saldanha |
| 03:30 PM - 04:30 PM | Infinite Threads talk                             | Dr Amit Gupta       |

### DR SHEILA ROHATGI WORKSHOP HALL

| TIME                | TOPIC                                                                                                         | SPEAKER                             |
|---------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------|
| 12:00 PM- 01:00 PM  | Laser workshop: Science and art of aesthetic lasers ( Reveal)                                                 | Dr Shilpi Bhadani                   |
| 03:30 PM - 04:30 PM | Inmode Talk - Comprehensive aesthetic solutions - Learn, evolve, ignite and transform your aesthetic practice | Dr Harsh Amin,<br>Dr Devayani Barve |
| 04:30 PM - 05:00 PM | Leader medical Exosomes workshop                                                                              | Dr Viral Desai                      |
| 05:00 PM - 06:30 PM | Aptos advanced workshop                                                                                       | Dr Ahmed Abdelaziz                  |



## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### MASTER CLASS

| TIME                | TOPIC                                                      | SPEAKER           |
|---------------------|------------------------------------------------------------|-------------------|
| 07.00 AM - 08.00 AM | Master Class - 1<br>Secondary breast implant surgery       | Mrs Nora Nugent   |
| 07.00 AM - 08.00 AM | Master Class - 2<br>How I choose my implant                | Dr Lina Triana    |
| 07.00 AM - 08.00 AM | Master Class - 3<br>Body contouring with VASER             | Dr Onelio Garcia  |
| 07.00 AM - 08.00 AM | Master Class - 4<br>Body contouring after MWR              | Dr Rukmini Rednam |
| 07.00 AM - 08.00 AM | Master Class - 5<br>Breast enhancement and Body contouring | Dr Melinda Haws   |



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**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

| TIME                | TOPIC                                                                                                                                                   | SPEAKER                               |
|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| 08:00 AM - 08:30 AM | <b>Breakfast</b>                                                                                                                                        |                                       |
| 08:30 AM - 10:00 AM | <b>1st Plenary session - Abdomen and fat grafting</b>                                                                                                   |                                       |
|                     | <b>Chair :</b> Dr Lakshyajit Dhami, Dr Vinod Vij,<br>Dr Dinesh Kadam                                                                                    |                                       |
| 08.30 AM - 08.45 AM | <b>Fat grafting for primary breast augmentation and post mastectomy reconstruction</b>                                                                  | Dr TM Lin                             |
| 08:45 AM - 09:05 AM | <b>Good,bad and ugly aesthetic plastic roller coaster ride in London - opportunity of unending learning</b><br><br><b>PROF C R. SUNDERRAJAN ORATION</b> | <b>Mr Shailesh Vadodaria</b>          |
|                     | <b>Chair :</b> Dr Lakshyajit Dhami, Dr Vinod Vij,<br>Dr Dinesh Kadam                                                                                    |                                       |
| 09:05 AM - 09:25 AM | Breast implant explanation or down size - not everyone needs a Mastopexy                                                                                | Dr Melinda Haws                       |
| 09:25 AM - 09:40 AM | Neck Contouring A to Z                                                                                                                                  | Dr Jayanthi Ravindran                 |
| 09:40 AM - 09:55 AM | Aesth-ethics                                                                                                                                            | Dr Milind Wagh                        |
| 09:55 AM - 10:10 AM | Revolutionary change in obesity treatment-transformative weight loss from STEP trials                                                                   | Dr Anand Bhawe                        |
| 10:10 AM - 10:30 AM | Breaking bad news                                                                                                                                       | Dr Harish Shetty,<br>Dr Apurva Samant |
| 10:30 AM - 11:00 AM | <b>TEA TIME</b>                                                                                                                                         |                                       |
| 11:00 AM - 01:00 PM | <b>2nd Plenary session - Abdomen</b><br><br><b>Chair :</b> Dr Rakesh Kalra, Dr Aditya Aggarwal,<br>Dr Mahesh Nair                                       |                                       |
| 11:00 AM - 11:15 AM | <b>KEY NOTE ADDRESS - Fundamentality of Liposuction, blood loss, tightening and outcomes</b>                                                            | <b>Dr Sanjay Parashar</b>             |
| 11:15 AM - 11:35 AM | <b>Years passed and years ahead</b><br><b>Past President Oration</b>                                                                                    | <b>Dr Roy Kanjoor</b>                 |
| 11:35 AM - 11:50 AM | Body contouring with VASER                                                                                                                              | Dr Onelio Garcia Jr                   |

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**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

| TIME                       | TOPIC                                                                                                                    | SPEAKER                      |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------|------------------------------|
| 11:50 AM - 12:05 PM        | Role of informed consent in plastic surgery                                                                              | Mr Amit Karkhanis            |
| 12:05 PM - 12:15 PM        | Achieving sculpted beauty :precision technique for high definition abdominal and pectoral etching with minimal incisions | Dr Karthik Ramasamy          |
| 12:15 PM - 12:25 PM        | Infra mammary fold violation in Breast augmentation- how to avoid                                                        | Dr Paraskevas Vakis Kontoes  |
| 12:25 PM - 12:35 PM        | Hoodplasty , Labiaplasty                                                                                                 | Dr Lina Triana               |
| 12:35 PM - 12:45 PM        | AI in aesthetic and plastic sx                                                                                           | Dr Sanjay Parashar           |
| 12:45 PM - 12:57 PM        | Safe Body Sculpting                                                                                                      | Dr Rakhimov Akhmed           |
| 12:57 PM - 01:09 PM        | Gluteal implants vs fat                                                                                                  | Dr Lina Triana               |
| 01:09 PM - 01:19 PM        | Advanced indications of thread lifting                                                                                   | Dr Ahmed Abdelaziz           |
| 01:19 PM - 01:30 PM        | Body Dysmorphic Disorder and cosmetic surgery                                                                            | Dr Anup Dhir                 |
| <b>01:30 PM - 02:30 PM</b> | <b>Lunch time Master Class : Dimple Creation<br/>Convenor : Dr Ashish Magdum</b>                                         | <b>Mr Shailesh Vadodaria</b> |



## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL A

| TIME                       | TOPIC                                                                                                                        | SPEAKER                                                                                                             |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Debate - Does it help if your parent is a plastic surgeon?</b><br><b>Chair :</b> Dr Preetish Bhavsar / Dr Eulalia D'souza | Dr Sunil Keswani /<br>Dr Ruchika Rajan /<br>Dr Sandeep Sharma /<br>Dr Ashish<br>Davalbhakta /<br>Dr Viraj Tambwekar |
|                            | <b>Chair :</b> Dr Ashutosh Shah, Dr Milan Doshi,<br>Dr Venkateshwaran                                                        |                                                                                                                     |
| 02:50 PM - 03:00 PM        | Patient safety survey in aesthetic surgery-<br>Indian perspective                                                            | Dr Amin Kalaaji                                                                                                     |
| 03:00 PM - 03:10 PM        | Diet -key to results in aesthetic procedure                                                                                  | Dr Jas Kohli                                                                                                        |
| 03:10 PM - 03:20 PM        | Difficult areas of liposuction arms /thighs /face                                                                            | Dr Karishma Kogadu                                                                                                  |
| 03:20 PM - 03:30 PM        | Vaser liposuction advancing precision body<br>contouring in Aesthetics surgery                                               | Dr Saumya Nayak                                                                                                     |
| 03:30 PM - 03:40 PM        | Waistline contouring 360 degree                                                                                              | Dr Kedarnath Pandya                                                                                                 |
| 03:40 PM - 03:50 PM        | Fat grafting - myths and facts                                                                                               | Dr Sanjay Mahendru                                                                                                  |
| 03:50 PM - 04:00 PM        | Post bariatric body contouring                                                                                               | Dr Giriraj Gandhi                                                                                                   |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                              |                                                                                                                     |
|                            | <b>Chair :</b> Dr Amresh Baliarsing, Dr Sagar<br>Gundewar, Dr Leena Jain                                                     |                                                                                                                     |
| 04:15 PM - 04:25 PM        | Genioplasty: Various techniques, precision and<br>aesthetic outcome                                                          | Dr S. B. Ramya                                                                                                      |
| 04:25 PM - 04:35 PM        | Achieving natural and consistent results in high<br>definition liposuction /tummy tuck                                       | Dr Arjun Handa                                                                                                      |
| 04:35 PM - 04:45 PM        | Tip to improve result from female to male - Top<br>Surgery                                                                   | Dr Ashutosh Shah                                                                                                    |
| 04:45 PM - 04:55 PM        | Bespoke lower body contouring after massive<br>weight reduction                                                              | Dr Sandeep Jain                                                                                                     |

## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL A

| TIME                | TOPIC                                                                                                  | SPEAKER              |
|---------------------|--------------------------------------------------------------------------------------------------------|----------------------|
| 04:55 PM - 05:05 PM | Role of upper body lift in achieving harmonious silhouette for male torso post massive weight loss     | Dr Chahat Verma      |
| 05:05 PM - 05:15 PM | Modern hand rejuvenation methods                                                                       | Dr Sharobar Valentin |
| 05:15 PM - 05:21 PM | Abdominal scar improvement post breast reconstruction                                                  | Dr Prashant Puranik  |
| 05:21 PM - 05:27 PM | Aesthetic excision and contour restoration in massive abdominal wall Desmoid tumour surgical challenge | Dr Likhita Singh     |
| 05:27 PM - 05:33 PM | Marking in HD lipo either Male torso, Female Torso male abdomen and female abdomen                     | Dr Anup Mohan        |
| 05:33 PM - 05:39 PM | Safety check in lipo                                                                                   | Dr Anup Mohan        |
| 05:39 PM - 05:45 PM | Patient-reported outcomes of penile inversion(PIV) vs colon vaginoplasty(CV) in transwomen             | Dr Shramya Kumar     |
| 05:45 PM - 05:51 PM | International humanitarian surgical volunteering                                                       | Dr Mahesh Prabhu     |
| 05:56 PM - 06:06 PM | Liposuction vs excisional procedure                                                                    | Dr Abhinav Agarwal   |



## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL B

| TIME                       | TOPIC                                                                                                                                         | SPEAKER                                                       |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Panel Discussion -Factors Influencing Litigation Compensation in Plastic Surgery</b><br><b>Moderator :</b> Dr Rajat Gupta                  | Dr Harish Shetty and team/ Mr Amit Karkhanis / Dr Rajat Gupta |
|                            | <b>Chair.</b> Dr Rajendra Nehete, Dr Jiten Kulkarni, Dr Raja Shanmuga Krishnan                                                                |                                                               |
| 02:50 PM - 03:00 PM        | Female lipo definition                                                                                                                        | Dr Osvaldo Saldanha                                           |
| 03:00 PM - 03:10 PM        | Polyurethane breast implants: what is so special about them?                                                                                  | Dr. Anirban Ghosh                                             |
| 03:10 PM - 03:20 PM        | Emotional health, stress and therapeutic approaches in body dysmorphic disorders: a systematic review                                         | Dr Kuldeep Singh                                              |
| 03:20 PM - 03:30 PM        | Overview of tissue expander                                                                                                                   | Dr Pradeep Goil                                               |
| 03:30 PM - 03:40 PM        | our experience with gynaecomastia surgery and integrating surgeon -assessed and patient -reported outcome                                     | Dr Rajan Y R D                                                |
| 03:40 PM - 03:50 PM        | A Tale of two ports :Comparative Outcomes of single -and double -port technique in Gynaecomastia Management                                   | Dr Sheikh Sarfraz                                             |
| 03:50 PM - 04:00 PM        | Cryolipolysis through controlled cooling induces early beiging in white adipose tissue: molecular and clinical perspective"                   | Dr. Kuldeep Singh                                             |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                                               |                                                               |
|                            | <b>Chair :</b> Dr R. Venkatesh, Dr. Maneesh Singhal<br>Dr Sudhanshu Tripathi                                                                  |                                                               |
| 04:15 PM - 04:25 PM        | Practice management-leveraging negative online feedback for quality improvement in clinical practice ; strategies,results and recommendations | Dr Siddharth Mendiratta                                       |

## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL B

| TIME                | TOPIC                                                                                                                                         | SPEAKER            |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| 04:25 PM - 04:35 PM | Management of complex septal deviations: do form and function go hand in hand                                                                 | Dr Jiten Kulkarni  |
| 04:35 PM - 04:45 PM | Birth and journey of center of excellence                                                                                                     | Dr Maneesh Singhal |
|                     | <b>Chair</b> : Dr R. Venkatesh, Dr Satish H.V, Dr Sudhanshu Tripathi                                                                          |                    |
| 04:45 PM - 04:51 PM | Assessment of Functional Improvement and Aesthetic Satisfaction in Rhinoplasty Patients Using SCHNOS Assessment Tool                          | Dr Anushka Gupta   |
| 04:51 PM - 04:57 PM | Hair Transplant: Beyond Aesthetic Restoration – A Safety-Centered Approach                                                                    | Dr Yash Thakkar    |
| 04:57 PM - 05:03 PM | Does Gland Excision Matter? Evaluating Surgical Outcomes in Grade III & IV Gynecomastia – A Tertiary Care Experience.                         | Dr Ravi Kumar      |
| 05:03 PM - 05:09 PM | Use of Radiofrequency-assisted Liposuction (Bodytite) for “chest-lift” in patients undergoing gynecomastia correction                         | Dr Aneesh Suresh   |
| 05:09 PM - 05:15 PM | Contours of confidence- Psychosocial recovery through gynecomastia correction                                                                 | Dr Kriti Jain      |
| 05:15 PM - 05:21 PM | Single-Incision Lipo-Excision Technique for Gynecomastia: Refining the Minimal-Scar Approach in Male Chest Contouring.”                       | Dr Samik Sharma    |
| 05:21 PM - 05:27 PM | Lateral Wall Grafts in Augmentation Rhinoplasty: Enhancing Aesthetic and Functional Outcomes                                                  | Dr Girish Mirajkar |
| 05:27 PM - 05:33 PM | Approach to asymmetric breasts and their correction: Our experience                                                                           | Dr Aakanksha Goel  |
| 05:33 PM - 05:39 PM | Autologous fat transfer and long Term storage techniques and review and outcome                                                               | Dr Hemant Kumar    |
| 05:39 pm -05:45 pm  | Restoring form after flow : surgical excision and aesthetic reconstruction of facial arteriovenous malformations – our experience and results | Dr Jayakumar       |

## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL C

| TIME                       | TOPIC                                                                                                                                                  | SPEAKER                                                                    |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Panel Discussion - Brazilian Butt Lift (BBL) – artistry &amp; safety concerns.</b><br><b>Chair :</b> Dr Priya Bansal, Dr Sudhanva Hemantkumar       | Dr Osvaldo Saldanha / Dr Lina Triana/ Dr Onelio Garcia Jr/ Dr Priti Shukla |
|                            | <b>Chair.</b> Dr Ajay Hariani, Dr Itishree Gupta, Dr Parag Vibhakar                                                                                    |                                                                            |
| 02:50 PM - 03:00 PM        | High Definition Contouring                                                                                                                             | Dr Ahmed Abdelaziz                                                         |
| 03:00 PM - 03:10 PM        | Technologies assisted abdominoplasty (using barbed suture,insorbstapler and negative pressure dressings )                                              | Dr Devinder Singh                                                          |
| 03:10 PM - 03:20 PM        | Facial aesthetics in cleft patients                                                                                                                    | Dr Nitin Mokal                                                             |
| 03:20 PM - 03:30 PM        | Practice management-incorporating chat gpt for aesthetic practice marketing                                                                            | Dr Siddharth Mendiratta                                                    |
| 03:30 PM - 03:40 PM        | A novel injection technique designed to mitigate the risk of ocular complications in nasal filler procedures                                           | Dr Abi Sinduja                                                             |
| 03:40 PM - 03:50 PM        | Patient related outcomes in the management of crooked nose                                                                                             | Dr Ritika Parmar                                                           |
| 03:50 PM - 04:00 PM        | Synergistic Efficacy of Combined Microneedling (DermaPen) and Fractional CO <sub>2</sub> Laser Therapy in Facial Rejuvenation and Acne Scar Remodeling | Dr Unmesh Kumar Jena                                                       |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                                                        |                                                                            |
|                            | <b>Chair :</b> Dr Unmesh Kumar Jena, Dr Amiti Shah, Dr Aparna Kanungo                                                                                  |                                                                            |
| 04:15 PM - 04:25 PM        | The importance of surface texture in implant stabilization and revision surgery                                                                        | Dr Carlos Corrales                                                         |
| 04:25 PM - 04:35 PM        | Arm Contouring - Liposuction to Brachioplasty                                                                                                          | Dr Ritesh Patel                                                            |

## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL C

| TIME                | TOPIC                                                                                                                   | SPEAKER                 |
|---------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------|
| 04:35 PM - 04:45 PM | From Concept to clinical success : our experience with Otoplasty                                                        | Dr Devika Rakesh        |
| 04:45 PM - 04:55 PM | Augmentation-First Approach for Breast Asymmetry Correction Using Crisalex 3D Imaging.                                  | Dr Harshavardhan Shetty |
| 04:55 PM - 05:01 PM | Endoscopic Trans-Axillary Excision of a Supraclavicular Lipoma – A Patient-Centric Approach                             | Dr Tanvi Arora          |
| 05:01 PM - 05:07 PM | Beyond the filters - Pre-procedure perspective vs Post-procedure satisfaction in Non-surgical vs Surgical Rhinoplasty". | Dr Shreya Revankar      |
| 05:07 PM - 05:13 PM | Seroma in Breast Surgery                                                                                                | Dr Kiseleva Daria       |
| 05:13 PM - 05:19 PM | Combined CO <sub>2</sub> and Q-Switched Nd:YAG Laser Therapy in Nevus of Ota: A Case Series of Seven Patients           | Dr Purak Misra          |
| 05:19 PM - 05:25 PM | Piezo Rhinoplasty                                                                                                       | Dr Sajal Halder         |
| 05:25 PM - 05:31 PM | Optimising results and safety in Gynecomastia surgery – an evolving journey                                             | Dr. Rajan Tondon        |
| 05:31 PM - 05:37 PM | Addressing Challenges in Revision Asian Blepharoplasty: Experience from 50 Consecutive Cases                            | Dr Nehar Sinam          |
| 05:37 PM - 05:43 PM | Dimpleplasty                                                                                                            | Dr. Chahat Verma        |



## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL D

| TIME                       | TOPIC                                                                                                                                          | SPEAKER                                                            |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| 02:30 PM - 02:50 PM        | <b>Debate -Role of robotics and AI in body contouring surgery – futuristic or fantasy?</b><br><b>Chair :</b> Dr Raja Tewari/ Dr Venkateshwaran | Dr Dhananjay Nakade, Dr Jas Kohli, Dr Shirin Kathpal               |
|                            | <b>Chair:</b> Dr Dhananjay Nakade, Dr Jas Kohli, Dr Shirin Kathpal                                                                             |                                                                    |
| 02:50 PM - 03:00 PM        | <b>Debate-Energy-based devices (HIFU, RF, lasers) vs. surgical lifting – competition or complement?</b>                                        | Dr Jas Kohli/ Dr Nitin Sethi / Dr Varun Dixit/ Dr Vemula Gurukarna |
| 03:00 PM - 03:10 PM        | Labiaplasty trim technique                                                                                                                     | Dr Melinda Haws                                                    |
| 03:10 PM - 03:20 PM        | HIFU                                                                                                                                           | Dr Jas Kohli                                                       |
| 03:20 PM - 03:30 PM        | Lipo cube                                                                                                                                      | Dr Anup Dhir                                                       |
| 03:30 PM - 03:40 PM        | Concept of breast reduction treatment with reduction and implant for upper pole fullness                                                       | Dr Amit Gupta                                                      |
| 03:40 PM - 03:50 PM        | Stacked cartilage graft - Mumbai technique                                                                                                     | Dr Uday Bhatt                                                      |
| 03:50 PM - 04:00 PM        | 14 points plan for chin augmentation                                                                                                           | Dr Anmol Chugh                                                     |
| <b>04:00 PM - 04:15 PM</b> | <b>Tea Time</b>                                                                                                                                |                                                                    |
|                            | <b>Chair :</b> Dr Brijesh Mishra, Dr Pradeep Goil, Dr Anmol Chugh                                                                              |                                                                    |
| 04:15 PM - 04:25 PM        | Fat vs fillers                                                                                                                                 | Dr Varun Dixit                                                     |
| 04:25 PM - 04:35 PM        | Structural augmentation rhinoplasty with costal cartilage                                                                                      | Dr Mayuresh Deshpande                                              |
| 04:35 PM - 04:45 PM        | New design of nasal osteotomy to achieve superior aesthetic result                                                                             | Dr Udit Dalmia                                                     |
| 04:45 PM - 04:55 PM        | Liquid face lift with fillers ;nonsurgical paradigm for facial rejuvenation                                                                    | Dr Vikram Singh Rathod                                             |

## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL D

| TIME                | TOPIC                                                                                                                         | SPEAKER                |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------|
| 04:55 PM - 05:05 PM | Advanced thread lift technique for facial rejuvenation ( temporal suspension )                                                | Dr Vikram Singh Rathod |
| 05:05 PM - 05:15 PM | Safety and effectiveness of hybrid hyaluronic acid and calcium hydroxyapatite injectable for midface soft tissue augmentation | Dr Nitin Sethi         |
| 05:15 PM - 05:25 PM | Holistic Strategies in Vulvo-Vaginal Rejuvenation: Integrating Surgery, Energy Devices, and Regenerative Medicine             | Dr Sourabh Rawat       |
| 05:25 PM - 05:35 PM | Blepharoplasty in Asian                                                                                                       | Dr Brijesh Mishra      |
| 05:35 PM - 05:45 PM | Beyond wrinkles -Botox in aesthetic scar management                                                                           | Dr Raman Sharma        |
| 05:45 PM - 05:51 PM | Treatment option and camouflage technique for facial scars                                                                    | Dr Risha Shetty        |
| 05:51 PM - 05:57 PM | Surgical Evolution in Gynecomastia Management: From Excision to Energy-Assisted Contouring                                    | Dr Chinmay Tewari      |
| 06.00 PM - 07.30 PM | <b>IAAPS General Body Meeting</b>                                                                                             |                        |



## SCIENTIFIC PROGRAM

**DAY 4 : Sunday 25<sup>th</sup> JANUARY, 2026**

### BREAKAWAY SESSIONS - HALL E

| TIME                | TOPIC                                                                                | SPEAKER                 |
|---------------------|--------------------------------------------------------------------------------------|-------------------------|
| 07.00 AM - 08.00 AM | Master Class - Breast enhancement and body contouring                                | Dr Melinda Haws         |
| 02:30 PM - 03:30 PM | GC Aesthetics                                                                        | Dr Carlos Corrales      |
| 04:30 PM - 05:00 PM | Tea break                                                                            |                         |
| 05:00 PM- 06:00 PM  | Advances in regenerative medicine:from science to aesthetic practice ( Advancecells) | Dr Vikram Singh Rathore |

### DR SHEILA ROHATGI WORKSHOP HALL

| TIME                | TOPIC                                                       | SPEAKER        |
|---------------------|-------------------------------------------------------------|----------------|
| 12:00 PM- 02:00 PM  | Teoxane launch and Demo workshop                            | Dr Nitin Sethi |
| 02:30 PM - 03:00 PM | Diulcus Talk : Innovative solution for Diabetic Foot ulcers | Dr R Sridhar   |
| 03:30 PM - 04:30 PM | Galderma Filler live demo workshop                          | Dr Viral Desai |



## SCIENTIFIC PROGRAM

DAY 5 : Monday 26<sup>th</sup> JANUARY, 2026

### MASTER CLASS

| TIME                | TOPIC                                                           | SPEAKER    |
|---------------------|-----------------------------------------------------------------|------------|
| 09:30 AM - 10:30 AM | Macro, micro and nano fat grafting: choosing the right strategy | Dr T M LIN |



## SCIENTIFIC PROGRAM

**DAY 5 : Monday 26<sup>th</sup> JANUARY, 2026**

| TIME                       | TOPIC                                                                                    | SPEAKER                     |
|----------------------------|------------------------------------------------------------------------------------------|-----------------------------|
| <b>08:00 AM - 08:30 AM</b> | <b>Breakfast</b>                                                                         |                             |
| 08:30 AM - 08:45 AM        | Flag unfurling                                                                           |                             |
|                            | <b>Chair</b> : Dr Kapil Agarwal , Dr Venkat Ramana,<br>Dr Priti Shukla , Dr Charu Sharma |                             |
| 08:45 AM - 08:55 AM        | Deep plane face lift                                                                     | Dr Samir Ghoraba            |
| 08:55 AM - 09:05 AM        | Face lift in Indian pt                                                                   | Dr Sanjay Parashar          |
| 09:05 AM - 09:15 AM        | Blepharoplasty video                                                                     | Dr Dean Gomes               |
| 09:15 AM - 09:20 AM        | 5 mins –open– dimple creation                                                            | Mr Shailesh Vadodaria       |
| 09:20 AM - 09:35 AM        | Abdominoplasty                                                                           | Dr Osvaldo Saldanha         |
| 09:35 AM - 09:45 AM        | Rib contouring/moulding                                                                  | Dr Raul Manzenada           |
| 09:45 AM - 09:52 AM        | Marking of breast reduction                                                              | Mr Ajay Mahajan             |
| 09:52 AM - 10:02 AM        | Tulua                                                                                    | Dr Fransisco Villegas       |
| 10:02 AM - 10:12 AM        | Tip sparing rhinoplasty                                                                  | Dr Fransisco Villegas       |
| 10:12 AM - 10:22 AM        | MAFT GUN                                                                                 | Dr TM Lin                   |
| 10:22 AM - 10:32 AM        | Blepharoplasty                                                                           | Dr Paraskevas Vakis Kontoos |
| 10:32 AM - 10:42 AM        | Vaginal rejuvenation with labial shaping                                                 | Dr Lina Triana              |
| 10:42 AM - 10:52 AM        | Labiaplasty                                                                              | Dr Melinda Haws             |
| 10:52 AM - 11:02 AM        | Breast implant revision surgery with Mastopexy                                           | Dr Melinda Haws             |
| 11:02 AM - 11:12 AM        | Breast lift procedure                                                                    | Dr Abizer Kapadia           |
| 11:12 AM - 11:19 AM        | Mastopexy with implant                                                                   | Dr Abizer Kapadia           |
| 11:19 AM - 11:29 AM        | Periareolar breast augmentation                                                          | Dr Manoj Khanna             |



## SCIENTIFIC PROGRAM

**DAY 5 : Monday 26<sup>th</sup> JANUARY, 2026**

| TIME                | TOPIC                                                                                | SPEAKER                 |
|---------------------|--------------------------------------------------------------------------------------|-------------------------|
| 11:29 AM - 11:39 AM | Dual plane breast implants                                                           | Dr Sanjay Mahendru      |
| 11:39 AM - 11:49 AM | Surgical vaginal rejuvenation                                                        | Dr Sourabh Rawat        |
| 11:49 AM - 11:59 AM | Endoscopic harvest of septum                                                         | Dr Rahul Amble          |
| 11:59 AM - 12:09 PM | Operative strategies in transfeminine rhinoplasty                                    | Dr Shivangi Saha        |
| 12:09 PM - 12:19 PM | Lower body lift                                                                      | Dr Sandeep Jain         |
| 12:19 PM - 12:29 PM | Auto augmentation breast lift                                                        | Dr Priya Bansal         |
| 12:29 PM - 12:39 PM | Horia siclovan augpexy                                                               | Dr Jayanthi Ravindran   |
| 12:39 PM - 12:49 PM | Vaginoplasty                                                                         | Dr Varsha Bunde         |
| 12:49 PM - 12:59 PM | Alar base reduction and tip plasty                                                   | Dr Ashutosh Shah        |
| 12:59 PM - 01:09 PM | Peritoneal pull through Vaginoplasty                                                 | Dr Umang Kothari        |
| 01:09 PM - 01:19 PM | Percutaneous suspension technique for endoscopic brow lift                           | Dr Ashish Davalbhakta   |
| 01:19 PM - 01:29 PM | ECS for crooked nose                                                                 | Dr Sunil Gaba           |
| 01:29 PM - 01:39 PM | DCF and DCG video                                                                    | Dr Sunil Gaba           |
| 01:39 PM - 01:49 PM | Costal (Split) and conchal cartilage harvesting Video                                | Dr Sunil Gaba           |
| 01:49 PM - 01:56 PM | Experience With the U-Shaped Triple Lipodermal Flap ( 7 minute vedio)                | Dr Preethy Narayanasamy |
| 01:56 PM - 02:03 PM | Gynaecomastia surgery                                                                | D.Mohammed Nishar       |
| 02:03 PM - 02:06 PM | Open thigh lift                                                                      | Dr Giriraj Gandhi       |
| 02:06 PM - 02:09 PM | Simplified Steps of Vertical Scar Reduction Mammoplasty Using a Superomedial Pedicle | Dr Arunesh Gupta        |
| 02:09 PM - 02:12 PM | SHAPE: A streamlined technique for buccal fat reduction                              | Dr Priya Bansal         |
| 02:12 PM - 02:15 PM | Precision intimate aesthetics: 1470nm Laser Labiaplasty                              | Dr Umang Kothari        |





### **Conference Secretariat:**

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